



# **पुर्णमा International School**

Shree Swaminarayan Gurukul, Zundal

## **Worksheet of Ch .1 Food : Where does it come from**

### **QUES 1. Multiple choice questions :**

1) Material required to prepare a food item are called

- (a) Nutrients      (b) Ingredients      (c) Nourishments      (d) Minerals

2) The animal which eat only plants are called

- (a) Herbivores      (b) Carnivoures      (c) Omnivores      (d) Insetivores

(3) The part of banana plant not used as food is

- (a) flower      (b) fruit      (c) stem      (d) root

4) Which of the following is a protective food ?

- (a) milk      (b) oil & fats      (c) fruits      (d) cereals

5) Goitre : swelling of thyroid gland s occurs due to the deficiency of

- (a) iron      (b) potassium      (c) phosphorus      (d) iodine

6) Which of the following is considered as body building foods ?

- (a) proteins      (b) vitamins      (c) fats      (d) carbohydrates

### **Ques 2 : Fill in the blanks**

1) Broccoli is the \_\_\_\_\_ of the plant , while potato is the \_\_\_\_\_.

2) Animals which depend only on plants for food are called \_\_\_\_\_.

3) Curd and butter are \_\_\_\_\_ products.

4) Man and bear are the example of \_\_\_\_\_ animals.

5) Cereals are edible \_\_\_\_\_.

Ques 3 State whether the following statements are true or false.

1) The main food of carnivorous plants are Insects.(      )

2) Carnivores are those that feed on both plant and animals.(      )

3) A house lizard eats small insects.(      )

4) Potato is stem not a root.(      )

5) Carnivores that exclusively eat fish are called Piscivores. (      )

Ques 4 : Answer the following questions:

1) Name two herbivores animals.

2) Name the various sources of food.

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3) Name the different parts of the plant used as food. Give two examples for each.

4) Define the following (i) Autotrophs      (ii) Heterotrophs